

East Bay Bat Rays September Swim Clinic

Make a Splash with EBAT!

Dive Into Fun & Fitness!

- Who: Swimmers ages 9 and up ready for a new challenge
- What: A one-month clinic packed with drills, technique tips, and racing strategies
- Where: California State University, East Bay 2500 Carlos Bee Blvd., Hayward, CA 94542
- When: 12 sessions—Tuesdays, Wednesdays, and Thursdays September 2–25, 5:00–6:00 pm
- How much: \$200 for the clinic+ \$89 for required USA Swimming membership (due by week 3)

Why Join?

- Learn all four competitive strokes
- Sharpen your sportsmanship, set goals, and master racing strategies
- Boost your swimming skills in a supportive, energetic environment
- Make new friends and have a blast in and out of the water!

Sign Up!

- Online registration opens August 17
- Go to www.ebatswim.org • Scroll to the bottom under “Events”
- Click the red “register online” button under September Swim Clinic

Questions?

- Email Coach Mark Sand: marksand88@gmail.com

Ready to swim? The East Bay Bat Rays can't wait to welcome you!